

St. Luke's on the Lake, Austin, TX, is hosting a three-day Walking the Mourners Path Facilitator Training

February 16 - 18, 2023.

Note: The deadline for registering for Walking the Mourner's Path is January 18.

Walking the Mourners Path is a unique ministry which started with the question, "where is God in my pain" and the recognition that in many faith communities there is an unmet need for an effective ministry for those in grief. The ministry is based on eight weekly workshops that are Christ-centered and scripture based. Through the series of workshops, the participants learn they are not alone in their grief and with the ever presence of Christ's love, healing occurs. The workshops meet for one and a half hours in consecutive weeks with two trained facilitators and a member of the clergy. Each week with prayers, exercises, reflections, and homework in a workbook the group walks the mourner's path.

"I wish I had known about Walking the Mourner's Path the first couple of years after my husband died. After learning about this program, it was such a gift to be able to provide this ministry to our community and to those recovering from the death of a loved one. The simplicity of the program and the fact it is geared to those who are six months-two years into their grieving process. Small groups and a workbook all come together offering assistance and direction through the mourning season. Find time in your heart and on your calendar to train and serve others through this bereavement program." The Rev. Ann McLemore, St. Luke's on the Lake Episcopal

Faith communities that offer the ministry identify at least two individuals to attend a Walking the Mourner's Path Facilitator Training School. Although clergy are not required to attend a Facilitator Training School, many have found their involvement in the training meaningful and are glad they participated.

At the training, participants learn how to implement the program by building on existing Pastoral Care ministries. Additionally, the training includes modules on: Facilitating and Listening skills, Understanding Grief, and the Eight Week Workshops. During the training, participants will experience each of the workshops and have an opportunity to co-facilitate a workshop to practice their facilitating skills.

For more information and registration information please visit the Walking the Mourners Path website, www.mournerspath.com or email Catherine Gilbert, Program Director, at cgilbert@mournerspath.com . For other questions, please contact Site Coordinator Pat Beachy at pkbeachy@att.net